

FIO Core Elements

1. Enable women to personalize their risk for HIV and other STDs and identify gender-related barriers to safer sex.
2. Encourage women to prioritize safer sex.
3. Reinforce women's sexual and relationship rights.
4. Affirm a positive view of women's sexuality and safer sex.
5. Emphasize that women have choices in how to protect themselves.
6. Provide accurate information about HIV/STD risk and testing.
7. Build skills for safer sex.
8. Teach women how to address negative reactions and resistance to safer sex, as well as to recognize and deal with relationship violence and other forms of abuse.

THE FUTURE IS OURS

